

Application for Membership

Alternative to the Recognized Oncology Massage Program Requirement



Society for Oncology Massage

The Society for Oncology Massage has set minimum education criteria for what we believe a therapist should know in order to practice massage safely with clients with cancer. A recognized instructor's course will incorporate the criteria. In order to become a member without having taken one of the recognized courses you must show us that you have learned the material taught in those courses. You must also show that you attained supervised experience applying that knowledge in working with clients with cancer.

You may fill out this form in Microsoft Word and then print it. If your computer does not support this form, print out the pdf version, fill in the checkboxes and write your explanations in a separate document. Attach this to the Professional/Associate Membership Application and mail according to instructions in that application.

Curriculum Checklist

Use the following checklist to verify that you know the material required in the S4OM education requirements. Use the explanation box to explain the way in which you learned about each of the topics listed.

Name: _____

Check off	
√	<i>Certify that you know each item below and describe how/where/when you learned it.</i>

I. The Disease - Overview of cancer and its impact on the body:	
<input type="checkbox"/>	A. Brief introduction to different types of cancer such as carcinomas, lymphomas, sarcomas, and leukemias
<input type="checkbox"/>	B. How the disease manifests in the body
<input type="checkbox"/>	C. How it progresses
<input type="checkbox"/>	D. Process of metastasis
Explanation:	

II. Treatments - An introduction to the principle treatments for cancer, their side effects, and what happens to the body during these treatments:	
<input type="checkbox"/>	A. Surgery
<input type="checkbox"/>	B. Chemotherapy & adjunct medications
<input type="checkbox"/>	C. Radiation
<input type="checkbox"/>	D. Other medications (such as Tamoxifen, steroids, Neupogen)
<input type="checkbox"/>	E. Optional (but recommended) Alternative medical and complementary therapies: therapists should be aware that many clients seek CAM therapies.
Explanation:	

For each of the following items, certify that you know how to adapt a massage for the specific issue and briefly explain what modification(s) you make.

III. Contraindications & Precautions - Risks of and contraindications to massage techniques posed by the disease, its treatments and their side effects - how to adapt standard massage techniques to do no harm.

A. Being present and meeting the client where the client is, including an awareness of pre- and post-treatment mental and emotional states.

Explanation:

B. Disease-related adjustments due to:

1. Tumor site

Explanation:

2. Fatigue

Explanation:

3. Bone Metastasis

Explanation:

4. Other common conditions - such as shingles, rash, pain, cachexia, and ascites

Explanation:

C. Treatment and side effect related adjustments due to:

1. Lymphedema risk

Explanation:

2. Medical devices - such as ports and picc lines

Explanation:

3. Chemotherapy - such as peripheral neuropathy, nausea and thrombocytopenia

Explanation:

4. Radiation - such as fatigue and burns

Explanation:

5. Blood counts - such as anemia, thrombocytopenia and neutropenia

Explanation:

6. Recent surgery - such as incisions

Explanation:

7. Deep vein thrombosis - signs and symptoms

Explanation:

<input type="checkbox"/>	8. Medications - such as blood thinners, and pain pills and patches
Explanation:	

<input type="checkbox"/>	D. Standard precautions for immunocompromised clients
Explanation:	

E. General session adjustments	
<input type="checkbox"/>	1. Positioning of client on table (or chair)
Explanation:	

<input type="checkbox"/>	2. Duration & frequency
Explanation:	

<input type="checkbox"/>	3. Quality of strokes; pressure, depth, length, speed and pace
Explanation:	

For each of the following items describe how you understand it pertains to clients with cancer and how you incorporate it into your practice (if applicable). You may attach a single blank copy of the form you use in lieu of an explanation.

IV. Standards of Practice and Administrative Considerations

A. Confidentiality and consent forms	
<input type="checkbox"/>	1. Confidentiality
Explanation:	

<input type="checkbox"/>	2. Consent form
Explanation:	
If you are attaching your consent form in lieu of explanation, check here. <input type="checkbox"/>	

<input type="checkbox"/>	B. Detailed intake with appropriate questions
Explanation:	
If you are attaching your intake form in lieu of explanation, check here. <input type="checkbox"/>	

<input type="checkbox"/>	C. Session documentation
Explanation:	
If you are attaching your session documentation form in lieu of explanation, check here <input type="checkbox"/>	

<input type="checkbox"/>	D. Massage therapist's scope of practice and how it applies to clients with cancer
Explanation:	

For the following items, describe where you received your supervised practice, the name and position of the supervisor and the approximate hours under supervision. You will attach documentation to this application verifying this experience.

V. Supervised Experience	
A. Demonstrating the following skills	
<input type="checkbox"/>	1. Adjusting pressure and depth for conditions common to cancer clients
<input type="checkbox"/>	2. Being present and meeting the client where the client is
<input type="checkbox"/>	3. Gathering medical information
<input type="checkbox"/>	4. Practicing lymphedema protocol (adjusting massage to prevent triggering lymphedema)
<input type="checkbox"/>	5. Practicing adjustments for disease, treatments, side effects and other common conditions
<input type="checkbox"/>	6. Adjusting for medical devices
<input type="checkbox"/>	7. Adjusting for various blood count issues
<input type="checkbox"/>	8. Adjusting for the medically frail
<input type="checkbox"/>	9. Standard precautions for immune compromised clients
Explanation:	
B. Working with in-treatment or post-treatment cancer clients	
<input type="checkbox"/>	1. Gathering medical information from the client
<input type="checkbox"/>	2. Adapting to the client's individual positioning needs
<input type="checkbox"/>	3. Delivering the quality of strokes appropriate to the client's present state
<input type="checkbox"/>	4. Being mindful of areas to be avoided
<input type="checkbox"/>	5. Utilizing standard precautions
Explanation:	

Adapted from Standards for Recognition of Instructors and Curricula - Adopted 6-30-08

Signature: _____ Date: _____