

Benefits of Oncology Massage

Oncology massage can change the way it feels to live with a serious illness. By providing clinically reasoned and thoughtfully adapted massage, therapists nourish body, mind, and spirit to:



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- Improve quality of life
- Reduce anxiety
- Help with the management of pain
- Improve quality of sleep
- Reduce fatigue
- Reduce unpleasant sensation from chemotherapy-induced peripheral neuropathy (CIPN)
- Increase function in areas affected by scar tissue resulting from surgery and radiation
- Reduce post-surgical swelling and support rehabilitation and recovery
- Support the lymph system and assist with lymphedema management
- Improve body awareness and image