


# Surgery

Read thoroughly, think critically.

Key	
	Paid access research.
\$	Researchers may provide a copy of their research upon request.
	Open access research

## Please note:

1. Research articles pertaining to scars are available in another document entitled "Scar treatments"
2. Research articles listed below pertain to a cancer and other types of surgery on the premise that the impact of massage may be transferable from one type of surgery to another.



***Choosing Mastectomy vs. Lumpectomy-With-Radiation: Experiences of Breast Cancer Survivors.*** Admoun, Claudia, and Harvey Mayrovitz. 2021. *Cureus* 13 (10). <https://doi.org/10.7759/cureus.18433>.



***The Impact of Massage Therapy on Function in Pain Populations—a Systematic Review and Meta-Analysis of Randomized Controlled Trials: Part III, Surgical Pain Populations.*** Boyd, Courtney, Cindy Crawford, Charmagne F. Paat, Ashley Price, Lea Xenakis, and Weimin Zhang. 2016. *Pain Medicine* 17 (9): 1757–72. <https://doi.org/10.1093/pm/pnw101>.



***Oncoplastic and Reconstructive Breast Surgery: A Comprehensive Review.*** Citgez, Bulent, Banu Yigit, and Soysal Bas. 2022. *Cureus*, January. <https://doi.org/10.7759/cureus.21763>.



***The Surgically Induced Stress Response.*** Finnerty, Celeste C., Nigel Tapiwa Mabvuure, Arham Ali, Rosemary A. Kozar, and David N. Herndon. 2013. *Journal of Parenteral and Enteral Nutrition* 37 (5\_suppl): 21S29S.  
<https://doi.org/10.1177/0148607113496117>.



***Can Postoperative Massage Therapy Reduce Pain and Anxiety in Cardiac Surgery Patients?*** Grafton-Clarke, Ciaran, Laura Grace, Neil Roberts, and Amer Harky. 2018. *Interactive CardioVascular and Thoracic Surgery* 28 (5): 716–21.  
<https://doi.org/10.1093/icvts/ivy310>.



***The Effects of Massage Therapy on Pain and Anxiety after Surgery: A Systematic Review and Meta-Analysis.*** Kukimoto, Yukiko, Noriko Ooe, and Norio Ideguchi. 2017. *Pain Management Nursing* 18 (6): 378–90.  
<https://doi.org/10.1016/j.pmn.2017.09.001>.



***The Effect of Massage Therapy on Pain after Surgery: A Comprehensive Meta-Analysis.*** Liu, Chunhua, Simin Wu, and Xiang Chen. 2022. *Complementary Therapies in Medicine* 71 (October): 102892. <https://doi.org/10.1016/j.ctim.2022.102892>.



***Myofascial Massage for Chronic Pain and Decreased Upper Extremity Mobility after Breast Cancer Surgery.*** Massingill, LMT, MLD, CST, KT, NMT, Jeanne, Cara Jorgensen, LMT, Jacqueline Dolata, MBA, and Ashwini R. Sehgal, MD. 2018. *International Journal of Therapeutic Massage & Bodywork: Research, Education, & Practice* 11 (3): 4–9. <https://doi.org/10.3822/ijtm.v11i3.354>.



***The effect of massage therapy by patients' companions on severity of pain in the patients undergoing post coronary artery bypass graft surgery: a single-blind randomized clinical trial.*** Najafi SS, Rast F, Momennasab M, Ghazinoor M, Dehghanrad F, Mousavizadeh SA. *Int J Community Based Nurs Midwifery*. 2014 Jul;2(3):128-35. PMID: 25349854; PMCID: PMC4201205.  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4201205/>