

Pain

Read thoroughly, think critically.

Key	
\$	Paid access research. Researchers may provide a copy of their research upon request.
	Open access research



Acupuncture vs Massage for Pain in Patients Living With Advanced Cancer: The IMPACT Randomized Clinical Trial . Epstein AS, Liou KT, Romero SAD, Baser RE, Wong G, Xiao H, Mo Z, Walker D, MacLeod J, Li Q, Barton-Burke M, Deng GE, Panageas KS, Farrar JT, Mao JJ.. JAMA Netw Open. 2023 Nov 1;6(11):e2342482.
<https://pmc.ncbi.nlm.nih.gov/articles/PMC10646731/>



A Mind-Body Approach to Pediatric Pain Management. Brown ML, Rojas E, Gouda S. Children (Basel). 2017 Jun 20;4(6):50.
<https://pubmed.ncbi.nlm.nih.gov/28632194/>



A Review on the Effectiveness of Massage Therapy in Pain Management and Treatment. Dingding, Sarah & Valdez, Sophia & Ong, Nicee & Macantan, Jorsia & Abas, Jamaerah & Querubin, Maria & Faller, Erwin. (2022).. International Journal of Research Publication and Reviews. 445-455. 10.55248/gengpi.2022.3.6.4.
<https://ijrpr.com/uploads/V3ISSUE6/IJRPR4725.pdf>



A Systematic review and Network Meta-analysis of Minimally Invasive Intervention use in Pain Management. Shetty, Ashish & Delanerolle, Gayathri & Cavalini, Heitor & Qui, Yinshan & Boyd, Amy & Bouchareb, Yassine & Thillainathan, Anish & Kim, Seung & Shi, Jian & Deer, Timothy. (2023). 10.21203/rs.3.rs-3280319/v1. https://www.researchgate.net/publication/373467735_A_Systematic_review_and_Network_Meta-analysis_of_Minimally_Invasive_Intervention_use_in_Pain_Management



A systematic review of complementary and alternative medicine in oncology: Psychological and physical effects of manipulative and body-based practices Calcagni N, Gana K, Quintard B.. PLoS One. 2019 Oct 17;14(10):e0223564. <https://pubmed.ncbi.nlm.nih.gov/31622362/>



Best-Evidence Rehabilitation for Chronic Pain Part 2: Pain during and after Cancer Treatment De Groef A, Penen F, Dams L, Van der Gucht E, Nijs J, Meeus M.. J Clin Med. 2019 Jul 5;8(7):979. <https://pubmed.ncbi.nlm.nih.gov/31284377/>



Cancer pain physiology. Falk S, Bannister K, Dickenson AH. Br J Pain. 2014 Nov;8(4):154-62. doi: 10.1177/2049463714545136. PMID: 26516549; PMCID: PMC4616725. <https://pmc.ncbi.nlm.nih.gov/articles/PMC4616725/>



Characterization of chronic pain in breast cancer survivors using the McGill Pain Questionnaire. Ferreira VT, Guirro EC, Dibai-Filho AV, Ferreira SM, de Almeida AM. J Bodyw Mov Ther. 2015 Oct;19(4):651-5. [https://www.bodyworkmovementtherapies.com/article/S1360-8592\(14\)00207-1/abstract](https://www.bodyworkmovementtherapies.com/article/S1360-8592(14)00207-1/abstract)



Clinical Evidence for the Effects of Manual Therapy on Cancer Pain: A Systematic Review and Meta-Analysis. Yao C, Cheng Y, Zhu Q, Lv Z, Kong L, Fang M. Evid Based Complement Alternat Med. 2021 Feb 5;2021:6678184. <https://pubmed.ncbi.nlm.nih.gov/33628310/>



Development of active myofascial trigger points in neck and shoulder musculature is similar after lumpectomy or mastectomy surgery for breast cancer. Fernández-Lao C, Cantarero-Villanueva I, Fernández-de-Las-Peñas C, Del-Moral-Ávila R, Menjón-Beltrán S, Arroyo-Morales M. J Bodyw Mov Ther. 2012 Apr;16(2):183-90. [https://www.bodyworkmovementtherapies.com/article/S1360-8592\(11\)00023-4/abstract](https://www.bodyworkmovementtherapies.com/article/S1360-8592(11)00023-4/abstract)



Effectiveness of music therapy, aromatherapy, and massage therapy on patients in palliative care with end-of-life needs: A systematic review Jodie F, Anna K, Ursula W.. J Pain Symptom Manage. 2025 Jan;69(1):102-113. <https://pubmed.ncbi.nlm.nih.gov/39142496/>



Effects of Manual Therapy on Upper Extremity Pain after Breast Cancer Surgery: A Systematic Review and Meta-analysis. Kim, S. and Kim, H.-J. (2021). Physical Therapy Rehabilitation Science, 10(3), pp.343–350. <https://www.jptrs.org/journal/view.html?doi=10.14474/ptrs.2021.10.3.343>



Foot Reflexology: An Intervention for Pain and Nausea Among Inpatients With Cancer. Anderson KD, Downey M. Clin J Oncol Nurs. 2021 Oct 1;25(5):539-545. <https://pubmed.ncbi.nlm.nih.gov/34533507/>



Integrative Medicine for Cancer-Related Pain: A Narrative Review. Healthcare Samuels N, Ben-Arye E. (Basel). 2024 Feb 4;12(3):403. <https://pubmed.ncbi.nlm.nih.gov/38338288/>



Management of aromatase inhibitor-induced arthralgia. Younus J, Kligman L. Curr Oncol. 2010 Feb;17(1):87-90. <https://pmc.ncbi.nlm.nih.gov/articles/PMC2826784/>



Massage for Pain: An Evidence Map. Miake-Lye IM, Mak S, Lee J, Luger T, Taylor SL, Shanman R, Beroes-Severin JM, Shekelle PG. J Altern Complement Med. 2019 May;25(5):475-502. doi: 10.1089/acm.2018.0282. <https://pubmed.ncbi.nlm.nih.gov/30892910/>



Massage Therapy: A Person-Centred Approach to Chronic Pain. Lebert R, Noy M, Purves E, Tibbett J. Int J Ther Massage Bodywork. 2022 Sep 1;15(3):27-34. doi: 10.3822/ijtmb.v15i3.713. PMID: 36061225; PMCID: PMC9401086.
<https://pmc.ncbi.nlm.nih.gov/articles/PMC9401086/>



Massage therapy can effectively relieve cancer pain: A meta-analysis. Zhang Y, Wang S, Ma X, Yuan Y, Cheng H, Lin L, Tian L. Medicine (Baltimore). 2023 Jul 7;102(27):e33939. <https://pmc.ncbi.nlm.nih.gov/articles/PMC10328622/>



Massage therapy versus simple touch to improve pain and mood in patients with advanced cancer: a randomized trial Kutner JS, Smith MC, Corbin L, Hemphill L, Benton K, Mellis BK, Beaty B, Felton S, Yamashita TE, Bryant LL, Fairclough DL.. Ann Intern Med. 2008 Sep 16;149(6):369-79. <https://pubmed.ncbi.nlm.nih.gov/18794556/>



Meta-Analysis of Massage Therapy on Cancer Pain. Lee SH, Kim JY, Yeo S, Kim SH, Lim S. Integr Cancer Ther. 2015 Jul;14(4):297-304. doi: 10.1177/1534735415572885. Epub 2015 Mar 17. PMID: 25784669.
<https://pubmed.ncbi.nlm.nih.gov/25784669/>



Multimodal non-invasive non-pharmacological therapies for chronic pain: mechanisms and progress Shi, Y., Wu, W.. BMC Med 21, 372 (2023).
<https://bmcmmedicine.biomedcentral.com/articles/10.1186/s12916-023-03076-2#citeas>

\$ Myofascial component of cancer pain review Kalichman L, Menahem I, Treger I. Myofascial component of cancer pain review. J Bodyw Mov Ther. 2019 Apr;23(2):311-315. doi: 10.1016/j.jbmt.2019.02.011. <https://pubmed.ncbi.nlm.nih.gov/31103113/>



Pain Improvement After Healing Touch and Massage in Breast Cancer: an Observational Retrospective Study. Gentile D, Boselli D, Yaguda S, Greiner R, Bailey-Dorton C. Int J Ther Massage Bodywork. 2021 Mar 1;14(1):12-20. PMID: 33654502; PMCID: PMC7892332. <https://pubmed.ncbi.nlm.nih.gov/33654502/>



Pain in cancer survivors Brown MR, Ramirez JD, Farquhar-Smith P.. Br J Pain. 2014 Nov;8(4):139-53. <https://pubmed.ncbi.nlm.nih.gov/26516548/>



Pain in cancer survivors. Glare PA, Davies PS, Finlay E, Gulati A, Lemanne D, Moryl N, Oeffinger KC, Paice JA, Stubblefield MD, Syrjala KL. J Clin Oncol. 2014 Jun 1;32(16):1739-47. <https://pubmed.ncbi.nlm.nih.gov/24799477/>



Pain Scales: Types of Scales and Using Them to Explain Pain.
<https://www.verywellhealth.com/pain-scales-assessment-tools-4020329>



Pharmacologic Management of Persistent Pain in Cancer Survivors Glare P, Aubrey K, Gulati A, Lee YC, Moryl N, Overton S.. Drugs. 2022 Feb;82(3):275-291. doi: 10.1007/s40265-022-01675-6. Epub 2022 Feb 17. PMID: 35175587; PMCID: PMC8888381. <https://pmc.ncbi.nlm.nih.gov/articles/PMC8888381/>



Post-mastectomy pain syndrome: incidence and risks Alves Nogueira Fabro E, Bergmann A, do Amaral E Silva B, Padula Ribeiro AC, de Souza Abrahão K, da Costa Leite Ferreira MG, de Almeida Dias R, Santos Thuler LC.. Breast. 2012 Jun;21(3):321-5. [https://www.thebreastonline.com/article/S0960-9776\(12\)00025-2/fulltext](https://www.thebreastonline.com/article/S0960-9776(12)00025-2/fulltext)



Post-Mastectomy Phantom Breast Syndrome. Fakhari, Solmaz, et al. *Journal of Obstetrics, Gynecology and Cancer Research*, vol. 3, no. 4, 1 Dec. 2018, pp. 1–6, https://www.jogcr.com/article_697157_38303db7da5bc9d909d43b1d0816cd2a.pdf



Prevalence of myofascial pain syndrome in patients with incurable cancer Ishiki H, Kinkawa J, Watanabe A, Watanabe C, Chiba T, Yasui H, Shimada N, Ariyoshi K, Nojima M, Iwase S, Tojo A, Imai K.. J Bodyw Mov Ther. 2018 Apr;22(2):328-332. <https://pubmed.ncbi.nlm.nih.gov/29861227/>



The Benefits of Integrative Medicine for Pain Management in Oncology: A Narrative Review of the Current Evidence Carvalho V, Rangrej SB, Rathore R.. Cureus. 2023 Jun 30;15(6):e41203. <https://pmc.ncbi.nlm.nih.gov/articles/PMC10387299/>



The Benefits of Massage Therapy with BMT Patients: Impact on Anxiety, Depression and Pain Symptoms. Entgelmeier, J., Ullman, N., Leary, E. and Diehl, A. (2020). *Biology of Blood and Marrow Transplantation*, 26(3), pp.S201–S202. <https://scihub.se/10.1016/j.bbmt.2019.12.693>



The Effects of Massage Therapy in Decreasing Pain and Anxiety in Post-Surgical Patients With Breast Cancer: A Systematic Review and Meta-Analysis. Cole JS, Olson AD, Dupont-Versteegden EE. *Glob Adv Integr Med Health*. 2024 Apr 16;13:27536130241245099. <https://pubmed.ncbi.nlm.nih.gov/38633004/>



The Holistic Approach to Cancer Pain Management. Hussain Z. *Ulster Med J*. 2022 Jan;91(1):45-49. <https://pmc.ncbi.nlm.nih.gov/articles/PMC8835427/>



The Impact of Massage Therapy on Function in Pain Populations-A Systematic Review and Meta-Analysis of Randomized Controlled Trials: Part II, Cancer Pain Populations. Boyd C, Crawford C, Paat CF, Price A, Xenakis L, Zhang W; Evidence for Massage Therapy (EMT) Working Group. *Pain Med*. 2016 Aug;17(8):1553-1568. <https://pubmed.ncbi.nlm.nih.gov/27165967/>



The use of massage therapy for reducing pain, anxiety, and depression in oncological palliative care patients: a narrative review of the literature Falkensteiner M, Mantovan F, Müller I, Them C.. *ISRN Nurs*. 2011;2011:929868. <https://pmc.ncbi.nlm.nih.gov/articles/PMC3168862/>



Treating persistent pain after breast cancer: practice gaps and future directions. De Groef A, Meeus M, Heathcote LC, Wiles L, Catley M, Vogelzang A, Olver I, Runciman WB, Hibbert P, Dams L, Morlion B, Moseley GL. *J Cancer Surviv*. 2023 Dec;17(6):1698-1707. <https://pmc.ncbi.nlm.nih.gov/articles/PMC8914454/>

\$ *Upper body pain and functional disorders in patients with breast cancer*

Stubblefield MD, Keole N.. PM R. 2014 Feb;6(2):170-83. doi:

10.1016/j.pmrj.2013.08.605. <https://pubmed.ncbi.nlm.nih.gov/24360839/>